



ASSEMBLY MEMBERS

# COMMUNITY VALUES & GUIDELINES

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## **This is a COMMUNITY.**

We are all here to both give and receive. We would love for you to consider how you want to show up for yourself and for the others that you will be in this community with. Below are some guidelines to help with that.

### **Take Personal Responsibility.**

The number one person responsible for their experience in this community is you. What you put in you will reap. We are here for your growth but only if you are willing and ready to get moving with us.

### **Give value and promote discussion.**

Share your wins, ask questions, answer questions, give opinions and insights! We're all here to support each other and be real. Be a contributor and share your knowledge generously.

### **Encourage intuitive support.**

Sometimes, members will reach out and ask for advice, but other times they might be sharing or processing. Please try not to get into 'fixing' mode and try to encourage each other to tune into our own desires and wisdom first.

### **Ask for help when you need it.**

We're here to support you. However, we can't help if we don't know what's going on. Make a habit of asking for what you need (it's a good practice to get into for women) so we can support you as a community. If you want to reach out privately, email [admin@melwiggins.com](mailto:admin@melwiggins.com) and we'll get back to you asap.

## **No spam.**

Yes to accountability groups! Yes to collaborating! Yes to buying each others' products and services so we keep that money rolling around a female-centred economy! No to spam, promos, affiliate links, or direct selling. There will be regular opportunities to share what you have on offer within the facebook group and to connect with others and their offers or opportunities. We want to see you buying from each other and collaborating, but let's not make our facebook community a marketplace.

## **Be mindful of confidentiality.**

What's posted in the group or shared in a group session or workshop stays in the group. If we find that you have been sharing confidential information outside of the group, you will be asked to leave. Everyone deserves to feel safely seen and heard.

We reserve the right to delete any posts in the facebook group that do not fit with the intention or values of the community.

If you post something that is outside of the intended purpose of the group - particularly, if it's harmful to the community, your post will be deleted and we will let you know why. We are an anti-racist, anti-capitalist, anti-patriarchy group.

## **We are inclusive:**

We are committed to creating an inclusive community that is intentional in its efforts and strategies to connect with, welcome and amplify historically marginalised people and identities. As part of this commitment, we want to encourage learning from businesses owned by BIPOC and members of the LGTBQIA+ community.